

CLIFFE
HOUSE
OUTDOOR
STUDY
CENTRE,
SHEPLEY

















CLIFFE HOUSE 4G & ½ OF 4W- MON- WED 16<sup>TH</sup>-19<sup>TH</sup> JUNE 4H & OF 4W MON-WED 24<sup>TH</sup>-26<sup>TH</sup> JUNE







### BEDROOMS

















































ADULT SUPERVISION

## The ratio of adults from Moorlands is 1 to 10

There is a team of adults at Cliffe House who run the daytime activities.

# ARRIVING AT SCHOOL ON MONDAY

Arrive at the normal time, but enter school through the hall doors.

You will get a luggage label and take your bag to the music room.

Hand in any medication to your adult.

Eat lunch early in school at 11.30am (normal school lunch or packed lunch)

Minibuses picking up at 12.pm

Arrive at Cliffe House 12.30pm – introductions- site tour- room allocation. Ground rules- Health and safety talk

Afternoon activities onsite – Swamp challenge and orienteering

Evening meal

Evening activities

#### DAY 2 OFF SITE DAY



Breakfast



Split into groups



Adventurous activities: Kayaking or paddle boarding depending on the weather and Rock climbing/abseiling



Evening meal back on site



Moorlands led activities during the evening

DAY 3

Breakfast

On site activities

Buggy building

Crate climbing

Eat lunch and leave Cliffe House 12.30pm

Return to school Ipm.

Children to be collected early to go home

#### WHAT TO BRING

#### WATERPROOF / WARM COAT – THIS IS ESSENTIAL FOR EVENING ACTIVITIES AND KEEPING WARM AFTER WATER ACTIVITIES

Waterproof trousers (if possible)

Outdoor walking boots/shoes

Trainers or old shoes suitable for water-based activities

Indoor shoes / pumps

Hat/gloves (if necessary – for evenings)

Day rucksack for the journey and activities

Water bottle - Children must bring their own water bottle, at least x 1 1 litre bottle

Sun cream

Sun hat

3 pairs trousers (not denim) or tracksuit bottoms

3 T-shirts or tops, including at least 2 long-sleeved

2 jumpers/fleeces

Large towel and hand towel for showering/washing

Underwear and socks for 3 days with some spares (remember - clothes may get wet during activities!)

**Pyjamas** 

Toiletries (no spray deodorants)

Insect repellent

Two plastic bin bags for dirty washing and wet shoes

Swimming costume/shorts

Hair bobbles (essential for those with long hair)

Reading book / teddy

Disposable camera (optional)

Hand sanitizer

#### WHAT TO BRING

Just the items on the kit list to be supplied.

All specialist equipment and clothing is provided.

Don't buy anything special.

Old clothes.

Please name everything.

Leave valuables at home.



COST OF TRIP: £165 PER CHILD

#### **DEPOSITS/PAYMENTS:**

A NON-RETURNABLE DEPOSIT OF £50 BY FRIDAY, 13<sup>TH</sup> OCTOBER 2023 A FURTHER PAYMENT OF £55 TO BE RECEIVED BY FRIDAY, 23RD FEBRUARY 2024 THE BALANCE OF £60 TO BE PAID BY FRIDAY, 17<sup>TH</sup> MAY 2024 THIS INCLUDED MEALS, INSURANCE, ALL ACTIVITIES, TRANSPORT AND ACCOMMODATION