



## KIRKLEES SUCCESS CENTRE



## FREE ADULT LEARNING COURSES STARTING AUTUMN 2022

Interested in volunteering in schools? Or would you like to take a course to increase your skills? Please see our new timetable below.

Steps to Success	Need help to increase your confidence, self-esteem or motivation? Join our friendly tutor on this popular course to look at the way we think, explore our comfort zones and to feel more able to cope with the issues and barriers in our lives.	• Dewsbury library (FL2223005) - Starts 31.10.22 12.30-2.30pm
Focussing on Phonics	Get a better understanding of how children learn to read using phonics. Course suitable for parents of children in nursery/primary school or for anyone currently working or wishing to work in a school environment.	• Boothroyd Primary Academy (FL2223011) - starts Tuesday 4.10.22 12.30 — 15.00
Write Time for Wellbeing	This course aims to guide participants through a number of creative writing exercises, which are designed to calm the mind and increase feelings of well-being.  No previous experience needed.  Non-judgmental and supportive atmosphere.	Course starting at The Tech Holmfirth (FL2223012)  - Wednesday 12.10.22 12.15 – 2.45pm  Also at the Recovery College, Mirfield  - Mondays from 31.10.22 10-12.30
Reading Friends Training	Would you like to share your love of reading with children in Kirklees schools and help to increase their reading ability? Our course will give you the skills and knowledge to volunteer in local schools. Volunteers wanted in schools across Kirklees.	<ul> <li>Linthwaite Methodist Church (FL2223018)         <ul> <li>Starts Wednesday 2.11.22 12.00 – 3.00pm</li> </ul> </li> <li>John Smith Stadium classroom (FL2223019)         <ul> <li>Starts Tuesday 8.11.22 10am – 1pm</li> </ul> </li> <li>Courses also at Roberttown J&amp;I school and Whitechapel Primary School for parents/carers of school.</li> </ul>
Engaging with Your Child to Bring Books to Life	Develop your knowledge and skills to support reading at home, to share magical adventures with your family and discover fantastic facts together. Become more confident in engaging with books and discover the importance of reading together.	• Moldgreen Community Primary School (FL2223027) - Starts 8.11.22 9-11am

Knitting	Did you know knitting is good for your mental health and wellbeing? From beginners to improvers, join our friendly class where you can learn the basics or more advanced techniques. Everyone welcome, materials provided.	Starts at Boothroyd Primary Academy, Dewsbury  Thursday 15 <sup>th</sup> September 12.45 – 2.45 (FL2223009)  Fieldhead Primary Academy (FL2223023)  Starts Tuesday 1.11.22 gam – 10.45am  Or try it out at a workshop at the Recovery College, Mirfield on Thursday 20 <sup>th</sup> October 10 – 12pm  With a course starting Thursday 3 <sup>rd</sup> November 10-12
Speech & Language Explorers: Back to Basics English	This course is for anyone who would like support with writing in English. This could be in preparation for further education or employment, to help their children with their English writing homework or to learn English grammar because English is their second language.	Course starting at Carlton J&I School, Batley - Tuesday 4 <sup>th</sup> October 10.00 – 12.00 (FL2223013)
How Schools Work	This course is ideal for anyone who is interested in volunteering or working in a school setting. It covers different aspects of education including: the role of a school, the national curriculum, what to consider when working in a school, behaviour management in schools and how additional learning needs are met.	Course starting at our Classroom at the John Smith Stadium (FL2223016) - Starts Monday 31.10.22 — 12.12.22 10.00 — 1.00pm
Dare to Dream	Would you love to change career? Start a new business? Go back to study? Or dream of doing something that feels out of reach with too many obstacles in the way? Then join our tutor who can help you make a plan to make it achievable.	COURSE STARTING SOON - GET IN TOUCH TO REGISTER YOUR INTEREST success.centres@kirklees.gov.uk OR 01484 234153
Mentoring for Health and Wellbeing	This 5 week practical course aims to provide you with the skills, knowledge and confidence to be an effective mentor. It will cover: • What a mentor is and does • Essential skills • Important policies and procedures • Goal and objective setting	



## MATHS COURSES

Maths skills are essential in everyday life and at work. Our free courses are informal and are a great starting point if you are considering further education and you don't have any formal qualifications. Our courses can also support you to be more in control of your household finances or to help your children with their homework. Want to do a maths course but unsure which course is right for you? Get in touch today for an informal chat. email: <a href="mailto:success.centres@kirklees.gov.uk">success.centres@kirklees.gov.uk</a> or phone 01484234153

Your Maths, Their Maths, Our Maths	This course is designed to help parents/adults help their children up to the end of Key Stage 2 with their maths. It can be a while since a parent was at school and the teaching methods may have changed, thus doing this course does not only serve as a recap to certain subjects in the maths curriculum, but also ensures that they are using the same methods as schools are using to aid consistent learning. Learners can recap or learn new maths skills and to utilise this knowledge to help their children with a better understanding of the maths curriculum and how it is taught in schools.	Honley J, I & N school (FL2223021)  - Starts Wednesday 9 <sup>th</sup> November 9.10am – 11.40am  Shepley First School (FL2223025)  - Starts 4 <sup>th</sup> November 9 – 11.30am  Online (FL2223024)  - Starts Thursday 10 <sup>th</sup> November 6.30pm – 8.30pm
Everyday Maths	To help build confidence in everyday maths and finance. It will target residents who want to build skills in maths and start to understand more about how to budget and understand saving and borrowing. It will teach them basic maths skills including working with fractions and percentages, ratio and proportion within the context of every day situations	Course starting soon, get in touch for more details.
Maths Mates	This course prepares volunteers who would like to support primary aged pupils in the classroom with their enjoyment and progress in maths.	Honley J, I & N school (FL2223022) - Starts Tuesday 8 <sup>th</sup> November 9.10am — 12.10pm







Courses delivered by our team of friendly Adult Learning tutors from Kirklees Success Centre. For more information or to book onto one of our courses, please phone 01484 234153 or email success.centres@kirklees.gov.uk

Alternatively, scan the QR code to enrol onto any of our courses and you will be sent a welcome pack prior to your course starting.

For courses at the Recovery College, please telephone 07717 867911

