

**We are committed to providing a caring, friendly and safe environment for all our pupils, so they can learn in a relaxed and safe atmosphere.**

**We will:**

- ✓ Offer the children an immediate opportunity to talk about the experience with their class teacher or another member of staff if they choose.
- ✓ Speak with all children involved to try and resolve the conflict.
- ✓ Offer continuing support if children feel they need it.
- ✓ Continue to work with all children in order to educate them against prejudiced attitudes.

**For full details of how we deal with reported bullying, please see our Anti-Bullying Policy.** (This can be found on the school website)

### **What the children should do:**

Each child has been given a copy of their own Anti-bullying guidelines, which clearly sets out what they should do if they are being bullied. The most important rule is:

**TELL AN ADULT STRAIGHT AWAY!**

### **What you can do?**

Encourage your child to:

**TELL AN ADULT STRAIGHT AWAY!**

Ask your child to show you their special leaflet.

## **Useful websites:**

Moorlands Primary School:  
[www.moorlandsprimary.co.uk](http://www.moorlandsprimary.co.uk)

Childline:  
[www.childline.org.uk](http://www.childline.org.uk)

Anti-bullying Alliance:  
[www.antibullyingalliance.org](http://www.antibullyingalliance.org)

Bullying UK – The UK Anti-Bullying  
Charity:  
[www.bullying.co.uk](http://www.bullying.co.uk)

Kidscape:  
[www.kidscape.org.uk](http://www.kidscape.org.uk)

# **Moorlands Primary School**

## **Anti-Bullying guide for parents and carers.**



**Bullies aren't us!**

## What is bullying?

“Behaviour by an individual or group usually repeated over time, that intentionally hurts another individual or group either physically or emotionally”

DCSF “safe to learn” embedding anti-bullying work in schools (2007)

## Our statement of intent

Bullying of any kind is unacceptable at our school and will not be tolerated. If bullying does occur all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. Anyone who knows bullying is happening is expected to tell the staff.

## Bullying can be:

- **Emotional** - being unfriendly, excluding, tormenting.
- **Physical** - pushing, kicking, hitting, punching or any use of violence.
- **Racist** – racial taunts, graffiti, gestures.
- **Sexual** – unwanted physical contact or sexually abusive comments.
- **Verbal** – name calling, sarcasm, spreading rumours, teasing.
- **Homophobic** - because of, or focussing on the issues of sexuality.
- **Cyber** – all areas of internet, such as email & internet chat room misuse. Mobile threats by text message & calls. Misuse of associated technology, i.e. camera & video facilities.

## Advice for parents/carers

### If you think your child is being bullied.

- Make sure your child is not afraid to ask for help.
- Calmly talk to your child about his/her experiences. Consider if what your child is describing is bullying and whilst supporting your child, be objective.
- Make a note of what your child says – including how often the bullying has occurred, where it happened and who is involved.
- Reassure your child that they have done the right thing by informing you and that you will be working with the teachers at school to ensure the bullying stops.
- Inform the school – via your child’s class teacher.
- Explain to your child that it is better if they do not react to the bully i.e. pretend they don’t care. Unfortunately, bullies like to see they are upsetting their victims.
- Advise your child not to fight back as this can make the situation worse.

## Is your child bullying others?

There are many reasons why children become bullies. In order to stop the bullying cycle you have to find out the reasons behind a bully’s actions. If you can understand why a child is acting in a certain way you can give them the strategies they need to function in a different and acceptable manner.

### What you can do?

- Remain calm
- Talk and listen to your child.
- Work with school to help your child adopt alternative strategies to use instead of bullying.
- Remember bullies aren’t born; children can change. It’s not necessarily “once a bully, always a bully.”
- Praise your child when they show compassion to others.

## Dealing with Bullying

It can take time to help those who are being bullied and those who are using bullying behaviour. However, we will always do our best to ensure that no child comes to school in fear of being bullied.

We have a clear anti-bullying policy and respond to all instances of bullying to ensure that they are dealt with.

If bullying is suspected we talk to all the children concerned. Help and support will be given as is appropriate to both the victims and the bullies.

