



Moorlands Primary School Dinners

(Fortnightly menu - starts week beginning 5th November 2018)

		Monday	Tuesday	Wednesday	Thursday	Friday
		WEEK 1	Meal options	Beef and Potato Pie served with herby diced potatoes and broccoli florets	Oven Baked Sausage and Gravy served with creamed potatoes, garden peas and baton carrots	Roast Chicken served with traditional accompaniments, roast and creamed potatoes and seasonal vegetables
Penne Pasta served with a choice of tomato and basil sauce or carbonara sauce and garlic bread	Jacket Potatoes served with a choice of cheese and coleslaw or vegetable chilli			Breaded Salmon Fillet served with oven roast and creamed potatoes and seasonal vegetables	Jacket Potatoes served with a choice of tuna mayonnaise or Boston baked beans	Crispy Crumbed Fish served with chunky chips and mushy peas
Quorn Dippers and Barbecue Dip served with herby diced potatoes and golden sweetcorn	Quiche of the Day served with crispy sliced potatoes, garden peas and baton carrots			Fusilli Pasta served with a choice of spicy tomato sauce or vegetarian bolognese and garlic bread	Spicy Bean Burger in a bread bun served with mega wedges and crunchy red cabbage coleslaw	Margherita Pizza Swirls served with chunky chips and baked beans
WEEK 1	Pudding options	Sponge of the Day served with Creamy Custard Cheesecake Chunky Fruit Pots	Creamy rice pudding and a segment of fresh fruit Homemade biscuits served with fresh fruit juice Fresh fruit salad	A selection of reduced sugar desserts Organic yoghurts	Seasonal fruit crumble served with creamy custard Assorted cupcakes Fresh fruit kebabs	Chocolate and pear pudding served with chocolate sauce A selection of homebaking Chunky fruit pots

		Monday	Tuesday	Wednesday	Thursday	Friday
		WEEK 2	Meal options	Chicken Casserole and Dumplings served with parsley potatoes and seasonal vegetables	Chicken Tikka Masala served with fluffy wholegrain rice and naan bread	Roast Pork served with traditional accompaniments, oven roast and creamed potatoes and seasonal vegetables
Fusilli Pasta served with tomato and garlic sauce or mac 'n' cheese and garlic bread	Salmon Fish Cake served with a lemon and parsley mayo, herby diced potatoes and garden peas			Penne Pasta served with a choice of tomato and basil sauce or vegetarian chilli and garlic bread	Jacket Potatoes served with a choice of tuna crunch or cheese savoury	Golden Crumbed Fish Fingers served with jacket wedges and petit pois
Homemade Loaded Vegetable Pizza served with spicy wedges and Winter salad	Jacked Potatoes served with a choice of cheesy beans or crunchy coleslaw			Quorn Sausages served with oven roast and creamed potatoes and seasonal vegetables	Vegetarian Mexican Enchiladas served with crispy sliced potatoes and golden sweetcorn	Fusilli Pasta served with arrabiata sauce
WEEK 2	Pudding options	Fresh milkshake and homemade biscuit Fresh fruit kebabs Organic yoghurts	Steamed chocolate sponge served with chocolate sauce Fruit in jelly Chunky fruit pots	A selection of reduced sugar desserts Organic yoghurts	Sponge of the day served with creamy custard Jam and cream scones Chunky fruit pots	Fruit shortcake served with creamy custard A selection of homebaking Fresh fruit salad